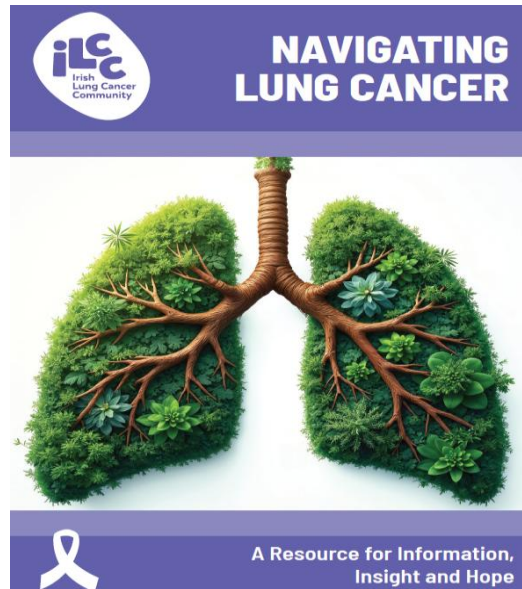




**Irish Lung Cancer Community launches new patient-led information booklet:
Navigating Lung Cancer – A Resource for Information, Insight and Hope
22/11/2025**



The Irish Lung Cancer Community (ILCC) has released a new national resource at their Annual All Ireland Lung Cancer Patient Symposium in Portlaoise today. It was created by people with the disease and advocates with support from lung cancer experts. The booklet, **Navigating Lung Cancer: A Resource for Information, Insight and Hope**, provides clear, accessible, and medically reviewed information to help individuals and families better understand a lung cancer diagnosis and the steps that follow.

The booklet covers key topics across the diagnostic and treatment pathway, including staging, biomarker testing, treatment options, supportive care, and signposting to national services. It also includes lived-experience testimonials, reflecting the diversity of experiences across Ireland.

Developed initially from an idea proposed by Saoirse Flanagan (PhD candidate, University of Limerick/RCSI) and Abhishek Tomar (PhD candidate, University of Galway) and brought to completion through collaboration with the ILCC's patient advisory panel, the project involved medical, nursing, physiotherapy and research experts across multiple institutions.

The full digital version is available here: [Navigating Lung Cancer – A resource for Information, Insight and Hope](#)



Why this matters

Lung cancer remains one of the most challenging cancers in Ireland, and many people face a diagnosis with uncertainty and limited information. This booklet aims to address that gap by equipping people by explaining what to expect along the diagnostic and treatment pathway.

Seamus Cotter, ILCC Chairperson 'A lung cancer diagnosis raises many questions, and reliable information is essential. This booklet brings together medically reviewed, patient-driven content that explains the diagnostic and treatment pathway in a clear and accessible way. It reflects the ILCC's mission to empower people affected by lung cancer through education, support, and community.'

Availability and access

Printed copies of the booklet will be provided initially to GP practices and other relevant organisations nationwide. People impacted by lung cancer and healthcare professionals can request printed copies via info@ilcc.ie.

About the Irish Lung Cancer Community (ILCC)

The ILCC is Ireland's only dedicated lung cancer advocacy group, founded by people directly impacted by the disease. Its vision is that every person with lung cancer has the best chance of survival and can live life as fully as possible.

Contact us at info@ilcc.ie or find out more at www.ilcc.ie

Acknowledgements

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